

Getting it back...

Whether you are looking to simply improve your skills or struggling in your relationship we offer a transformational weekend seminar where we will teach you evidence-based skills around conflict resolution, emotional literacy, communication, and intimacy that can give you the things you seek to get back in the relationship you desire.



Marriage Enrichment Seminars 2015/2016

Oct 16-18, 2015

*Dec 4-6, 2015

Jan 8-10, 2016

March 18-20, 2016

*June 3-5 2016

Aug 26-28, 2016

(*) Indicates seminars are open to all married Veterans and spouses regardless of sexual orientation, cohabitating couples and couples preparing for marriage. More seminars may be added as needed.

Please mail completed form to:

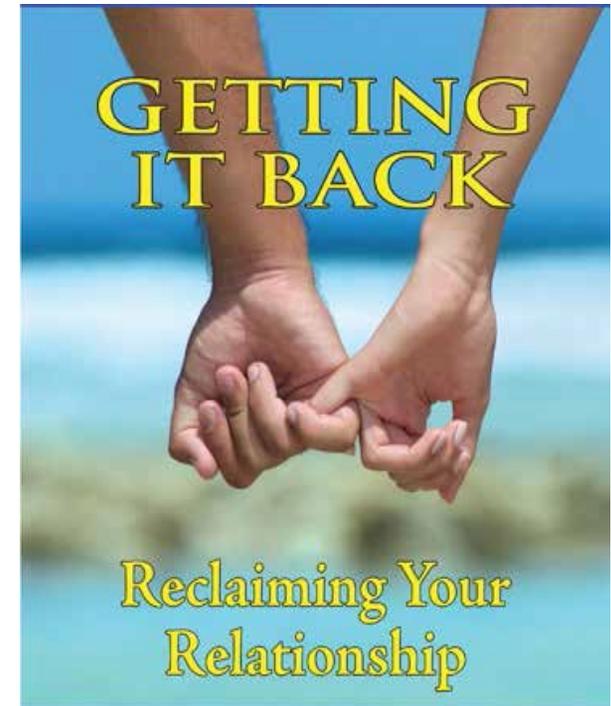
Charlie Norwood VA Medical Center
Chaplain Service - 125U
1 Freedom Way
Augusta, Georgia 30904-6285

Phone: (706) 733-0188, ext. 6118/6114

Or Fax completed registration to
(706) 481-6761



Charlie Norwood VA Medical Center



Marriage- Relationship Enrichment Seminars 2015/2016

*Open to all Veterans,
National Guard and
Reserve*



1 Freedom Way
Augusta, Georgia 30904-6285
www.augusta.va.gov



Getting It Back Reclaiming Your Relationship

How many times have you heard the statement, "Marriage/Relationships are work?" That is true but marriage/relationships should also be fun, enriching and collaborative, with empathy and compassion in our communications, emotional openness and physical closeness that help us bond with the one whom we have chosen to live out the rest of our lives! For some couples, they knew these things once upon a time but the challenges of relationship, work, family and others have led them to drift away from these important skills and they want to hone these skills. For others, they never knew how to "do it right" and have struggled to maintain through the challenges of the relationship. Still others may be feeling so stressed and strained they cannot even imagine keeping the relationship going.

Whether you are looking to simply improve your skills or struggling in your relationship, we offer a transformational weekend seminar where we will teach you evidence-based skills around conflict resolution, emotional literacy, communication, and intimacy that can give you the things you seek to get back the marriage or relationship you desire.

At **NO COST TO YOU**, the Charlie Norwood VA Medical Center, is sponsoring marriage/relationship enrichment seminars throughout the year. These seminars have proven to strengthen and restore the communication and bonding so essential to a healthy relationship. The seminars are facilitated by experts acknowledged for their success in guiding couples/relationships and families like you to a healthier way of living and loving.

REGISTRATION

Marriage/Relationship Enrichment Seminars
2015/2016

Please indicate by placing an X in the box next to the dates of the retreat you wish to attend:

- Oct 16-18, 2015 (Traditional)
- *Dec. 4-6, 2015 (non-Traditional)
- Jan 8-10, 2016 (Traditional)
- March 18-20, 2016 (Traditional)
- *June 3-5, 2016 (non-Traditional)
- Aug. 26-28, 2016 (Traditional)

Please indicate by placing an X if you have special accommodation needs. Note that applications are not complete unless all information is provided as required.

** All seminars are held at Charlie Norwood VA Medical Center Uptown Division located at 1 Freedom Way, Augusta GA. Lodging for married couples traveling over 50 miles from Augusta may be provided.

Names:

1. _____

2. _____

Address:

Phone: _____

Alternate phone:

Email:

Alternate email:

Veteran Signature:

Spouse/Partner's Signature:

At what VA center do you receive care?

Name of your primary care provider?

Fax to: 706-481-6761

**Mail to: Chaplain Service-125U
Charlie Norwood VA Medical Center
1 Freedom Way
Augusta, GA 30904**